



# 3<sup>rd</sup> Cardio Metabolic Congress

Theme: Metabolic Illusion: Unfolding the Mystery

**10<sup>th</sup> & 11<sup>th</sup> August 2024**

**Hotel Hilton, Chennai, India**

Organized by : International Society for Renal Research (ISRR)

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Dr. V. Mahadevan



Dr. V. Padma



Dr. R. Srinivasan



Dr. G. Kothai



Dr. J. Cecily Mary  
Majella



Dr. N. Waseem Ahmed

Time	Topic	Speaker
8:00 AM - 8:45 AM	<b>Registration</b>	
<b>Welcome Address and Introduction</b>		
<b>Session 1</b>		<b>Chairperson</b> Dr. R. Sampath kumar Dr. Elamaran C Dr. V. R. Mohan Rao
9:00 AM - 9:15 AM	50 Years old Diabetes, Hypertensive C/O chest pain with Significant ECG Changes. How to proceed further?	Dr. G. Manohar
9:15 AM - 9:30 AM	Interpretation and usage of coronary angiogram in clinical practice - Physicians Perspective	Dr. K. P. Suresh Kumar
9:30 AM - 9:45 AM	Women and Coronary Artery Disease - Peculiar Features	Dr. Cecily Mary Majella
9:45 AM - 10:00 AM	Common clinical errors in the management of diabetes	Dr. Sunil Gupta (Nagpur)
10:00 AM-10:15 AM	Discussion	
<b>Session 2 Interactive weight loss symposium</b>		<b>Moderator:</b> Dr. S. Venkataraman
10:15 AM - 11:00 AM	Case 1: 26Years Lady, Unmarried, Prediabetes, Mild Hypertensive with a BMI of 31.8 How to advise her to keep ideal body weight	Dr. Namitha Narayanan
	Case 2: 37-Year-old male, Ambitious businessman, recently detected Diabetes, HbA1c 8.7 and Hypertensive Advised to loose weight.	Dr. K Vengadkrishnan
	Case 3: 62-Year-old lady with Uncontrolled Diabetes, Hypertension, CAD and OA Knee - Strategies to reduce weight.	Dr. Ravikeerthy M (Bangalore)
<b>Session 3 Panel Discussion on Heart Failure</b>		<b>Moderator</b> Dr. Abraham Oomman
11:00 AM - 12:00 PM	How to Initiate and stay with four Pillar of heart Failure- Practical Challenges and Case Study Beta blocker ARNI SGLT <sub>2</sub> Inhibitor MRA	<b>Panelists</b> Dr. P. Manokar Dr. B. Vinod Kumar Dr. Rajeshwari Nayak Dr. Radha Priya Y
<b>Session 4</b>		<b>Chairperson</b> Dr. S. Chandrasekar Dr. R. B. S Manian Dr K V Rajalakshmi
12:00 PM - 12:15 PM	Asymptomatic CAD in diabetes. How to detect and treat?	Dr. D. Prabhakar
12:15 PM - 12:30 PM	Diabetes and Cranial Neuropathy-Clinical Insights	Dr. Jyotirmoy Pal (Kolkata)
12:30 PM - 12:45 PM	32 years old male taken for emergency surgery for Acute calculus cholecystitis – BP is 196/110 how to manage further?	Dr. T. Saravanan (Coimbatore)
12:45 PM - 1:00 PM	ECG in Myocardial Infarction. How reliable it is – problems and solutions	Dr. T R Muralidharan
1:00 PM - 1:15 PM	Discussion	
<b>Lunch: 01:15 PM - 02:15 PM</b>		
<b>Session 5</b>		<b>Chairperson</b> Dr. K. Nagarajan Dr. Suresh K Dr. S. Malathi
2:15 PM - 2:30 PM	How to advise Diet and exercise to GDM - Do's and Don'ts	Dr. Bhavatharini Aruychelvan (Erode)
2:30 PM - 2:45 PM	My favorite OHA and why?	Dr. S. Ranjith Pratap
2:45 PM - 3:00 PM	Hypo – The New Devil- Case Based Discussion	Dr. L. Muthumani (Trichy)
3:00 PM - 3:15 PM	Discussion	
<b>Session 6 Panel Discussion on Sudden cardiac death</b>		<b>Moderator:</b> Dr. Balaji Venkatachalam
3:15 PM - 3:45 PM	Sudden Cardiac death : Known and Unknown Prediction & Prevention	<b>Panelists:</b> Dr. V. Mahadevan Dr. R Ravindran

# Scientific Agenda

DAY 1 (10<sup>TH</sup> AUGUST 2024)

## Hall-A

Time	Topic	Speaker
<b>Session 7</b>		<b>Chairperson</b> Dr. S. Senthil Kumar Dr. K. Shanmugam Dr. M. Rangaswami
3:45 PM - 4:00 PM	47-year-old women with diabetes on SGLT2i and c/o dysuria, fever and lower abdominal pain – what to do?	Dr. D. Suresh Kumar
4:00 PM - 4:15 PM	Pre diabetes - The hidden monster	Dr. G. Vijayakumar
4:15 PM – 4:30 PM	Shift duties in PwD and its management	Dr. Sruthi Chandrasekaran
4:30 PM – 4:45 PM	Diabetes & MASLD - Two sides of the Coin	Dr. S. Arulraj (Tuticorin)
4:45 PM – 5:00 PM	Discussion	
<b>Session 8</b>		<b>Chairperson</b> Dr. R. Kannan Dr. N. Gunasekaran Dr. A. Gowrishankar
5:00 PM – 5:15 PM	Inter-Organ Metabolic Crosstalk in Diabetes	Dr. M. Shunmugavelu(Trichy)
5:15 PM – 5:30 PM	How to recognize high risk foot? Clinical demonstration	Dr. C Muralidharan (Dindigul)
5:30 PM – 5:45 PM	Use of premix insulin in Indian context	Dr. Jayashree Gopal
5:45 PM - 6:00 PM	Cardiovascular Kidney Metabolic Syndrome	Dr. R. Shiva Mohan
<b>Session 9</b>		<b>Chairperson</b> Dr. S. Selvamani Dr. R. Navin
6:00 PM - 6:15 PM	Re-emergence of beta blockers as mainstream therapy in Hypertension	Dr Asha Mahilmaran
6:15 PM - 6:30 PM	Path Breaking Innovation in Diabetes Therapy: Degludec and IDegAsp	Dr. Ashwin Karuppan
7:00 PM - 7:30 PM	<i>Inauguration</i>	
7:30 PM Onwards	<i>Networking Banquet</i>	

## Hall-B

### Poster Presentations

Time: 9:00 AM – 12:00 PM | Time: 2:30 PM - 6:30 PM

## Hall-C

### Oral Presentations

Time: 9:00 AM – 1:00 PM | Time: 3:30 PM - 4:30 PM

## WORKSHOP

Time	Topic	Faculty
9:00 AM - 10:00 AM	Workshop on ECG	Dr. K U Natarajan (Cochin)
12:00 PM - 1:00 PM	Workshop on AI	Dr. Alok Modi (Mumbai) Dr. N Waseem Ahmed
2:15 PM - 3:15 PM	Meet the professor	<b>Moderator:</b> Dr. J. S. Kumar Dr. T. V. Devarajan Dr. S. Magesh Kumar Dr. P. Paranthaman Dr. K. Senthil Kumar
4:45 PM - 6:15 PM	Workshop on ABG Three dimensional approach to acid base disorder	Dr. S Sujith, Nephrologist Dr Vijay Chakkaravarthy, Intensivist Dr. Emmanuel Bhaskar, Physician

**Limited seats available, Prior registration is Mandatory**

Time	Topic	Speaker
<b>Session 1</b>		<b>Chairperson</b> Dr. Prathish Kumar Dr. N. Jayaprakash
9:00 AM - 9:15 AM	Save the heart from triple danger of DM , CKD & Dilated ICM	Dr. Panchanan Sahoo (Bhubaneswar)
9:15 AM - 9:30 AM	Recent advances in management of diabetic kidney disease	Dr. Sandeep Mahajan (Delhi)
	Discussion	
<b>Session 2</b>		<b>Chairperson</b> Dr. Bala Manikandan Dr. B. Vinod Kumar
9:30 AM - 9:45 AM	Causes and Contributors of Obesity- Not always what you think	Dr. C. Balaji (Kumbakonam)
9:45 AM - 10:00 AM	The invisible volcano- Diabetes and bone	Dr. V. Ravindranath (Trichy)
10:00 AM - 10:15 AM	Mission impossible-Obesity and sexual dysfunction	Dr. Arun Raghavan
	Discussion	
<b>Session 3</b>		<b>Chairperson</b> Dr. Kothai G Dr. V. Rajendran Dr. A. R. Balamurugan
10:15 AM - 10:30 AM	Balancing Sodium: Strategies for Health and Hypertension	Dr Sathish Kumar (Vellore)
10:30 AM - 10:45 AM	Salt substitutes-practical pearls and wisdom	Dr. Shaik Sulaiman Meeran
10:45 AM - 11:15 AM	Current practices and recommendation	Dr. Appandraj S(Kancheepuram)
	Sr Creatinine (10 mins)	Dr. Jayanivash Jayam
	UACR (10 mins)	Dr. M. Subashri
	eGFR (10 mins)	
	Discussion	
<b>Session 4</b>		<b>Chairperson</b> Dr. K. Tamilselvan Dr. V. R. Mohan Rao Dr. G. Prathap Kumar
11:15 AM - 11:30 AM	What is the importance of golden hour in patients with stroke?	Dr. K. Mugundhan
11:30 AM - 11:45 AM	Cardiac Shock after MI challenges - Trouble shooting	Dr. T. Geetha (Coimbatore)
11:45 AM - 12:00 PM	Hypertension guidelines- Indian challenges and solutions	Dr. K. Kannan
12:00 PM - 12:15 PM	Atrial fibrillation- Newer horizon on recognition and Management	Dr. A. M. Karthigesan
	Discussion	
<b>Session 5</b>		<b>Chairperson</b> Dr. M. Nandakumaran Dr. Arun Ranganathan Dr. Neo Church Tharsis
12:15 PM - 12:30 PM	27-year-old male with AWTMI- Are they Different in presentation and Management?	Dr.Y. Vijayachandra Reddy
12:30 PM - 12:45 PM	Sarcopenia and Insulin Resistance	Dr. Jayanta Kumar Panda (Cuttack)
12:45 PM - 1:00 PM	Chlorthalidone for Hypertension Control to HF Prevention and beyond	Dr. S. S. Lakshmanan
1:00 PM - 1:15 PM	Lp(a): Not little anymore!!	Dr. S.N. Narasingan
	Discussion	
<b>Lunch: 01:15 PM - 02:15 PM</b>		
<b>Session 6</b>		<b>Chairperson</b> Dr. N. Waseem Ahmed Dr. K.Vengadakrishnan Dr. K. Dhananjayan
2:15 PM - 2:30 PM	The Basics of CABG for physicians	Dr. Anbarasu Mohanraj
2:30 PM - 2:45 PM	Management of perioperative arrhythmia	Dr. Deep Chandh Raja
2:45 PM - 3:00 PM	Cardiac intensive care- where are we in 2024	Dr. Vignesh Vasudevan (Trichy)
	Discussion	

**Session 7 Panel Discussion – Breaking Myths with Science****Moderator-**Dr. M Bamini

3:00 PM - 4:00 PM	Processed and Ultra processed food	<b>Panelists</b> Dr. P. Selvapandian
	Super Foods	Dr. K Mohan
	Nuts and Cardio Metabolic Health	Dr. Harikrishnan Parthasarathy
	Probiotics and Prebiotics	Dr. N. Vetrivel (Vellore)
	Intermittent fasting - how to do it right	Dr. Meenakshi Bajaj
	Healthiest diet for All	All Panelists

**Session 8 Fantastic Four****Chairperson**  
Dr. U. V. Mohan  
Dr. Anbuchelvan Thirumarban  
Dr. V V Rama Kumar

4:00 PM - 4:15 PM	Alcoholism and Diabetes	Dr. R.P. Rajesh
4:15 PM - 4:30 PM	When do we consider genetic testing in diabetes	Dr. R Gowri Shankar
4:30 PM - 4:45 PM	How to choose various insulin regimes Basal, Basal plus, Basal Bolus, Premix	Dr. Pushpa Saravanan
4:45 PM - 5:00 PM	My Unforgettable patient – Mind blowing Case study	Dr. Neo Church Tharsis

5:00 PM Onwards

Valedictory

**Hall-B**

12:00 PM - 12:45 PM	Treat the trinity: Tackling high glucose, weight and CV risk with oral semaglutide.	Dr. Anish Ahmed (Kerala)
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**Oral Presentations**

Time: 9:00 AM – 12:00 PM

Time: 2:30 PM - 3:30 PM

**Hall-C****Oral Presentations**

Time: 9:00 AM – 1:00 PM

Time: 2:30 PM - 4:30 PM

**WORKSHOP**

Time	Topic	Faculty
9:00 AM - 10:00 AM	Workshop on ECG	Dr. K U Natarajan (Cochin)
10:15 AM - 11:45AM	Workshop on Echocardiogram	Dr. Alagesan R
12:00 PM - 1:30 PM	Workshop on Emergency	Dr. S. Senthilkumaran (Salem) Dr. S. Jayaraman Dr. G. Shreedevi Dr. Arthi S Dr. U. Gowtham kumar Dr. Santhosh Kumar

**Limited seats available, Prior registration is Mandatory**

## Our Eminent Speakers



Dr. G. Manohar



Dr. K. P. Suresh Kumar



Dr. Cecily Mary  
Majella



Dr. Sunil Gupta



Dr. S. Venkatraman



Dr. Namitha Narayanan



Dr. K Vengadakrishnan



Dr. Ravikeerthy M



Dr. Abraham Oomman



Dr. P. Manokar



Dr. B. Vinod Kumar



Dr. Rajeshwari Nayak



Dr. Radha Priya Y



Dr. D. Prabhakar



Dr. Jyotirmoy Pal



Dr. T. Saravanan



Dr. T R Muralidharan



Dr. Bhavatharini  
Aruyarchelvan



Dr. S. Ranjith Pratap



Dr. L. Muthumani



Dr. Balaji  
Venkatachalam



Dr. V. Mahadevan



Dr. R Ravindran



Dr. D. Suresh Kumar



Dr. G. Vijayakumar



Dr. Sruthi Chandrasekaran



Dr. S. Arulraj



Dr. M. Shunmugavelu



Dr. C Muralidharan



Dr. Jayashree Gopal



Dr. R Shiva Mohan



Dr. Asha Mahilmaran



Dr. Ashwin Karuppan



Dr. Panchanan  
Sahoo



Dr. Sandeep Mahajan



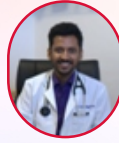
## Our Eminent Speakers



Dr. C. Balaji



Dr. V. Ravindranath



Dr. Arun Raghavan



Dr. Sathish Kumar



Dr. Shaik Sulaiman Meeran



Dr. Appandraj S



Dr. Jayanivash Jayam



Dr. M. Subashri



Dr. K. Mugundhan



Dr. T. Geetha



Dr. K. Kannan



Dr. A. M. Karthigesan



Dr. Y. Vijayachandra Reddy



Dr. Jayanta Kumar Panda



Dr. Anish Ahmed



Dr. S. S. Lakshmanan



Dr. S.N. Narasingan



Dr. Anbarasu Mohanraj



Dr. Deep Chandh Raja



Dr. Vignesh Vasudevan



Dr. M Bamini



Dr. P. Selvapandian



Dr. K Mohan



Dr. Harikrishnan Parthasarathy



Dr. N. Vetrivel



Dr. Meenakshi Bajaj



Dr. R.P. Rajesh



Dr. R Gowri Shankar



Dr. Pushpa Saravanan



Dr. Neo Church Tharsis

## Workshop Faculties



Dr. K U Natarajan



Dr. Alok Modi



Dr. N Waseem Ahmed



Dr. J. S. Kumar



Dr. T. V. Devarajan



Dr. P. Paranthaman



Dr. K. Senthil Kumar



Dr. S Magesh Kumar



Dr. S Sujith



Dr. Vijay  
Chakkaravarthy



Dr. Emmanuel Bhaskar



Dr. Alagesan R



Dr. S. Senthilkumar



Dr. S. Jayaraman



Dr. G. Shreedevi



Dr. Arthi S



Dr. U. Gowtham kumar



Dr. Santhosh Kumar

## Our Chairpersons



Dr. R. Sampathkumar



Dr. Elamaran C



Dr. V. R. Mohan Rao



Dr. S. Chandrasekar



Dr. R. B. S Manian



Dr. K V Rajalakshmi



Dr. K. Nagarajan



Dr. Suresh K



Dr. S. Malathi



Dr. S. Senthil Kumar



Dr. K. Shanmugam



Dr. M. Rangaswami



Dr. R. Kannan



Dr. N. Gunasekaran



Dr. A. Gowrishankar

## Our Chairpersons



Dr. S. Selvamani



Dr. R. Navin



Dr. Prathish Kumar



Dr. N. Jayaprakash



Dr. Bala Manikandan



Dr. Kothai G



Dr. V. Rajendran



Dr. A. R. Balamurugan



Dr. K. Tamilselvan



Dr. G. Prathap  
Kumar



Dr. M. Nandakumaran



Dr. Arun Ranganathan



Dr. K. Vengadkrishnan



Dr. K. Dhananjayan



Dr. U. V. Mohan



Dr. Anbuchelvan  
Thirumarban



Dr. V V Rama Kumar

## Our Faculties



Dr. S. Geetha



Dr. Bravian Samvict Devadas



Dr. B. Priyadarsini



Dr. A. R. Kathiravan



Dr. T.B. Umadevi



Dr. Kalaichelvi S



Dr. I. Rohini



Dr. M. Pradeep Kumar



Dr P Bharani



Dr. T. Balaji



Dr. TKV Sharavanan



Dr. Elanchezian



Dr. S. Shiva Malar Vizhi



Dr. Kothai G



Dr. J. Jacinth Preethi

## Our Faculties



Dr. Sudha M



Dr. P. Manimekalai



Dr. S.Senthil Kumar



Dr.N.Sukanya



Dr. S. Vaishnavi



Dr. L. Suja



Dr. R. Vijayanand



Dr. SM Sujatha



Dr.G.Vijayalakshmi



Dr. S R Raveendran



Dr. Viswanathan P



Dr Hari Prasad J



Dr. V V. Rama Kumar



Dr. Arun



Dr. Dinesh Babu



Dr. Viknesh Prabhu



Dr. Shanmuganandan

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Medical Council Reg. No:

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Registration Fee (Tick Appropriate Box)

Categories	Registration (30th July 2024)		On Spot Registration (10 <sup>th</sup> August 2024)	
PG Students	3500 INR	<input type="checkbox"/>	4000 INR	<input type="checkbox"/>
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## Oral Presentation Guidelines

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Prepare presentations in 16:9 aspect ratio format for wide screen viewing. Use a non-serif font (e.g., Arial)

Slide No. 1: Title & Introduction

Slide No. 2: Need for the Study, Hypothesis Aims and Objectives of the project

Slide No. 3: List out the Materials & Methods employed for the study.

Slide No. 4-6: Discuss the results obtained with Infographics, Tables, etc.

Slide No. 7: Brief and concise summary and conclusion of the research project.

Prospects of the research project may be added.

Slide No. 8: Mention the acknowledgement (if any) and list out the references.

# Poster Presentation Guidelines

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- The E-poster will be displayed in landscape format, the slide should be in landscape with a size of 140cm wide x 90 cm high (16:9 format), and the file format should be saved in \*.PPTX and PDF only.
- Poster should include Introduction, Methods, Results, Conclusions Recommendations, and acknowledgements.
- Use short sentences, simple words, and bullets to illustrate the points.
- Text should be broken up by including graphics or photos. Self-explanatory graphics should dominate the poster.
- Avoid using jargon, acronyms, or unusual abbreviations.
- Use a non-serif font (e.g., Arial) for the poster.
- No trade names should be used for drugs, devices, or instrumentation. Any medications or substances referred to in the materials must be identified by their scientific names only.
- Interactive content/features that can be viewed using smartphones is allowed (for example, additional graphs, animations, videos related to the poster content).



# VENUE

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